



"Fun2Run BARE & Sun Your Buns"

Sunshower 5k Run & Walk.....August 3, 2013.....10:00 AM (SHARP) (Clothing Optional)

PLEASE REGISTER EARLY (You do not need to be a member of the club to enter this event)

Make this *INAUGURAL* Race event #1 on your "bucket list" and register to run or walk with us on Saturday, August 3 at 10:00 AM SHARP. Race day registration and packet pick-up will be from 9:00 A.M. to 9:45 A.M. Visit Butts A'runnin website, www.nudist5k.com for more info.

Early Registration is **ONLINE ONLY** at www.sportoften.com. A small fee will be added to your total. Registration fee is \$30 **ONLINE ONLY** until 8 PM, Friday, August 2 and then \$40 on race day. *Unique T-shirts will be ordered on July 19 & they can only be guaranteed to those who register before this date, after that there is no guarantee of a shirt or one in your size on race day.* A Fun race event, door prizes, awards, snacks after the race and just being out in that Sunshine enjoying the beautiful Sunshower Country Club, soaking up that Vitamin D for your health and having great camaraderie with lots of new friends is the agenda for the day. An Escape to Tropical Paradise Party will begin at 6PM. *You must be nude to use the pools and the hot tubs.* Check out all the great amenities and other events that Sunshower has to offer at their website: <http://www.sunshower.com>.

BARE Running/Walking "freedom" at its best as the race is run completely on the grounds of the resort. If you have any race questions, please contact Sue at buttsarunnin@aol.com or call 704-880-4561.

DON'T FORGET YOUR SUNSCREEN and TOWELS. IF YOU'VE NEVER BEEN TO SUNSHOWER COUNTRY CLUB, COME SEE ALL THAT YOU HAVE BEEN MISSING. ALSO, MAKE THAT COMMITMENT TO BETTER YOUR HEALTH AT THIS EVENT. IF YOU'RE NOT A RUNNER, REGISTER FOR THE WALK. GET A GROUP TOGETHER AND JUST GET ON THAT TRAIL AND ENJOY YOURSELF.

Run or walk BARE with us and make some great memories. Participate!! It doesn't matter if you are a novice or a professional, fast or slow, whether you have never run or walked in a race before, get out there and have a fun running or walking experience *NATURALLY*. Just put one foot in front of the other and Participate!! ***"Fun2Run BARE & Sun Your Buns"***

Sunshower will waive their resort day fee for paid race participants in the 5K for Saturday August 3 only. But, you must participate in the Run or Walk to receive this day waiver. All participants must check in at the front gate & office. Primitive camping for August 3 is included in your race registration fee. Call the resort at 765-855-2785 (9 AM – 7 PM) if you wish to make lodging or camping arrangements. Make your reservations early as places do go quickly.



Leave your footprints on the trail and then relax in a stress-free nude environment.

